

COACHING AGREEMENT

Coach I, Denise Baumann agree to serve as your Coach, to partner with you to identify and achieve your personal/ or professional goals.

During the time we spend together in our coaching sessions, I will devote my time, thoughts and energy to you. Making myself available to you at our pre-arranged times as well as utilizing a 24 hour time window for returning your call.

As your coach, I will bring attentive listening, understanding, belief in you and commitment to your success. You can expect me to challenge you, offer fresh perspective, make requests (including assigning homework), acknowledge your success and **guarantee confidentiality**.

I am a Professional Certificated Life Coach and not a therapist or doctor. I am not trained in diagnosing medical or emotional conditions. If any issues arise that should be handled by the pre mentioned professionals I will recommend you contact the appropriate professional to receive help immediately.

I am bound to abide by the AACC Code of Ethics. You can find the AACC Code of Ethics at www.AACC under the "About" tab.

Client I am committed about taking action on my personal goals. I realize anything less than my full participation will not lead to my success.

I accept full responsibility for myself and any actions I take that might result from Coaching.

I agree to honor my scheduled session times.

I have read and I am in agreement with the above Coaching Agreement and guidelines.

Client Name: _____ Date: _____

Coach Name _____ Date: _____